

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- New Report!** The Los Angeles County Department of Public Health recently released “[Turning Strategy into Action: Progress Report on Implementing the Los Angeles County Strategic Plan for Alzheimer's Disease and Related Dementias, 2023–2028.](#)” This report outlines key achievements and ongoing efforts across the Strategic Plan’s focus areas, including hypertension prevention and management, early detection, advance care planning, and surveillance and implementation efforts.
- New Resources!** The BOLD Public Health Center of Excellence on Early Detection of Dementia has released two new videos to better understand early detection of dementia and offer guidance on starting supportive conversations. Watch “[Starting the Conversation about Memory Concerns: How to Listen and What to Say.](#)” Watch “[First Steps in Brain Health Evaluation: Start with Telling Your Story.](#)” They also developed two patient-provider worksheets to provide guidance on navigating conversations with your doctor. Read “[My Memory and Thinking are not what they used to be. Should I be concerned?](#)” and “[What to Ask Your Doctor When You Have Been Diagnosed with Dementia.](#)”
- Save the Date!** The Jona Goldrich Center for Alzheimer’s and Memory Disorders at Cedars Sinai is hosting its 4th Annual Alzheimer’s Disease Research Symposium: Identifying and Intervening Upon Early Drivers of Neurodegenerative Disease on October 28, 2026, 12 PM to 5 PM. Keynote speakers include Katerina Akassoglou, Ph.D., and Kristine Yaffe, MD. [Register Now.](#)

Funding Opportunities

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

Deadline: Rolling Basis

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer’s disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.



Trainings and Webinars

- Sep 24
12 PM PST

Alz Association. Collaboration in Practice: Accelerating the Public Health Approach to Dementia. [Register Now.](#)
- Sep 24
3 PM PST

Coalition OC CHCs. Shaping the Future of Aging & Cognitive Health. Altamed PACE – Santa Ana. 3601 W. Sunflower Ave, Suite 200. Santa Ana, CA 92704. [Register Now.](#)
- Oct 14
9 AM PST

DCA/Alz Association. Live Cognitive Health Assessment Basics Training. [Register Now.](#)
- Oct 28
12 PM PST

Cedars Sinai Medical Center. 4th Annual Alzheimer’s Disease Research Symposium. [Register Now.](#)
- Nov 14
9 AM PST

USC Verdugo Hills Hospital. 11th Annual Brain Health Forum. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Sep 26
9 AM PST

Alzheimer’s LA. Advances in Alzheimer’s Research for the Spanish Speaking Community. Presented in Spanish. Embassy Suites Downey, 8425 Firestone Boulevard, Downey, CA 90241. [Register Now.](#)
- Sep 29
11 AM PST

UCLA Easton Center, Alz Association, CMS: The Empowered Caregiver Series - Exploring Care and Support Service. [Register Now.](#)
- Sep 29
7 PM PST

Alzheimer’s Association. Impact of Alzheimer’s and Dementia in the Community. [Register Now.](#)
- Oct 15
9 AM PST

Alzheimer’s LA. Advances in Alzheimer’s Research for the Black/African American Community. Hilton Los Angeles Culver City, 6161 W Centinela Ave, Culver City, CA 90230. [Register Now.](#)



In the Spotlight - Healthy Brain LA Impact Summit

The Los Angeles County Department of Public Health’s Healthy Brain LA (HBLA) team convened the HBLA Impact Summit, bringing together more than 100 partners to celebrate progress, strengthen collaboration, and identify future opportunities. The Summit featured a comprehensive progress report, insights from the Community Advisory Group (CAG), showcased partner research, and hosted cross-sector breakout discussions. **Thank you to everyone who attended!**



- [Read the Turning Strategy Into Action Progress Report](#)
- [Access HBLA Impact Summit Resources and Recordings](#)

Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.

Featured Resources



TOOLKIT

[The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.](#)



LEARNING MODULE

[University of California San Francisco’s \(UCSF\) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.](#)



TOOLKIT

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.](#)



COMMUNITY RESOURCE

[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)



LEARNING MODULE

[Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)



TOOLKIT

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



@ChooseHealthLA #HealthyBrainLA



www.publichealth.lacounty.gov/healthybrainla